### **Directions**

Theme: Gardens Letter Of The Week (LOTW): Xx

#### Welcome Activity- Get their brains ready to do school work!

- Monday- Garden Categorizing: Sort the pictures into the correct column.
- Tuesday- Count the Vegetables (Garden Activity Pack pg. 2-3 or 4-5): Count how many there are of each vegetable and write the number in the box. Or count how many gardening items are in the box and circle the correct number.
- **Wednesday- Letter X Activity of your choice:** You may choose which letter X activity you would like to do; color the pictures that *end* with X, find letter X's, etc.
- Thursday- Practice Cutting (Garden Activity Pack pg. 8-9 or your choice): Cut on the
  dotted lines and stop at the vegetables. Or you can choose a different activity from
  the pack.
- **Friday- Draw a Vegetable Garden (Garden Activity Pack pg. 18):** Draw and color what vegetables would be growing in the garden.

#### Circle Time (LOTW Time)- This time can be focused on working with the LOTW!

\*see attached Upper & Lower Case Letter Writing charts; this will help you teach them how to write their letters.\*

- Everyday work on saying the LOTW, writing the upper and lower case letter and saying the sound!
- Use their "magic fingers" and write the letters in the air.
- Tell them about the position of their lips, teeth, tongue when they are making the sound: for example, the letter x sound their lips do not touch. It starts by sounding like the letter c or k sound, then ends with the s sound with teeth touching.
- \*see attached Hand Motions for Letter Sounds\* some of these are different motions than what I taught at school; but these motions are a great way to help them remember letter sounds
- Say the sound with them and do the motions ©
- Tuesdays: I like to show them the Jack Hartmann letter song and then we think of words to add to our word wall! Make a list of letter X words with your kiddos! Share on Marco Polo! Here is the link to the Letter X Song: <a href="https://www.youtube.com/watch?v=3AQUDbEhTm8">https://www.youtube.com/watch?v=3AQUDbEhTm8</a>
- Thursdays: Munchy Mouth Day! Find objects around your house that start with the letter X! OR find words that *end* with the letter X! Share on Marco Polo!

#### Story Time- This is the time to get reading with your kiddos!

- It does not have to be the exact book I have in the lesson plan, those are just suggestions
- It does not even have to be about numbers!
- This is a great way to show your kiddos how to read: book positioning, read left to right, top to bottom, turning pages, etc.
- Let them be the "librarian" every day and let them choose a book!

#### Center Time- Let them play and use their creative imaginations!

- If you want to create your own "centers" here are some suggestions:
- **Art:** paper, markers, crayons, stickers, scissors, glue, paint, play-doh
- **Library/Listening**: books, let them listen to a book online, read aloud
- **Blocks:** wooden blocks, Legos, connectors, cars, people, houses, anything they can build with!
- **Sensory (can be in a sink or bin):** soapy water, uncooked rice or pasta, sand, diy play-doh, slime, cotton balls, yarn, etc.
- **Dramatic Play:** Dress up clothes, babies, grocery store, restaurant, house, be super heroes, make a fort, make something out of a cardboard box!
- **Discovery/Games:** Play board games together, card games, make up a game! Do a science experiment!
- \*Pinterest is always a good resource for center ideas\* ☺

#### Gross Motor- Time to play outside (or inside)!

- This is a time for them to run, jump, tumble, play!
- Burn off some energy!

## **Directions for Directed Activities**

#### **Monday- Planting Seeds Poem - sequencing**

- Print poem and sorting cards (cut out cards and mix up so they are not in order)
- Read or sing poem together (tune of twinkle, twinkle little star); talk about what happens first, middle, end
- Sort the pictures into the correct order of the poem; you may read the poem line by line together to see what comes first, middle, end
- Then they may color the pictures after sequencing

#### Tuesday- Gardening Book- What would you grow in your garden?

- Print out book; cut pages apart; cut out each set of vegetables picture
- Glue the correct set of vegetables to each page
- Then on the last page ask them what they would want to grow in their garden
- Help write the number in the box and help them sound out the letters in their word and have them write it on the line
- Then they can draw a picture of their garden

#### Wednesday- Handprint Garden: fruits and vegetables craft

- Supplies needed:
  - o paper
  - o paint or finger paint
  - markers
  - scissors
  - this could get messy so paint shirts, disposable table cloth to protect table, wipes, etc.
- Use their handprints/footprints to make the shapes of different fruits, vegetables, or flowers
- Get creative! You may have to assist on how they should form their hand into the correct shape, or they can just draw the fruits, vegetables, or flowers by finger painting and not using their hand prints
- Once the paint has dried, they may use markers to add the seeds, leaves, etc. to make it look more like the fruit or vegetable they wanted to create
- Cut out by following the shape of the item created
- Example:



# HANDPRINT Garden Fruits and Vegetables



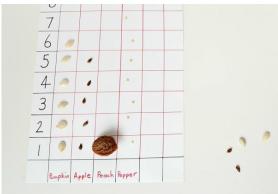
#### Thursday- Exploring Seeds: in foods we eat (STEAM activity)

- Supplies needed:
  - Fruits/vegetables of your choice that are easy for kids to peel or slice, and have seeds that kids are able to discover and remove
  - Cutting board or tray
  - Child-safe utensils or adult does the cutting
- Cut foods in half to expose seeds
- Observe seeds before removing from food: can you see the seeds, are they different colors, where are they located on the food, how do they feel, etc.
- Explore the seeds: remove seeds from food, discuss size, weight, color, texture, etc.
- Make a graph: how many seeds were in each food (do not have to use all seeds)
- Example:



# **Exploring Seeds** in foods we eat





Click on link for more detailed directions/explanation:
 https://preschooltoolkit.com/blog/preschool-science-exploring-seeds/

#### Friday- Planting Seeds for your own garden!

- If you already have a garden at your home, let them garden and plant the seeds with you! Let them be part of the process. Let them take care of their own seeds or own section of the garden. Give them the responsibility of planting, watering, etc.
- Supplies needed (if you do not have a garden already):
  - biodegradable pots (or egg carton)
  - o **soi**l
  - seeds (your choice)
  - o craft sticks (or something to label each seed)
  - shovels (or something to scoop soil)
  - spray bottle filled with water (or something to water plants)
- scoop soil into each pot or section of carton
- plant a few seeds in each pot or just 1-2 seeds if using egg carton
- pat soil on top of seeds
- let them water the seeds with spray bottle
- make sure to label each seed you planted
- Example:



Click on link for more detailed directions/explanation:
 <a href="https://teaching2and3yearolds.com/how-to-plant-seeds-for-an-easy-kids-gardening-activity/">https://teaching2and3yearolds.com/how-to-plant-seeds-for-an-easy-kids-gardening-activity/</a>

# Note From Miss Lydia:

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If you have any questions at all please don't be afraid to email, text, call, video call. I am here to help! If you are unable to print these resources/activities, contact me separately and I can give you suggestions or alternative options. If you have any suggestions or ideas on what you would like to see, or if you would like me to make videos for something specific, please let me know! You do not have to follow the schedule exactly, take your time, learn how much they can handle at once. They could probably teach you our whole school routine if you asked them! © Enjoy this time learning with your kiddos! I learn from them every day! Most importantly, have fun! Tell them that I love them and miss them, and I hope they enjoy these activities! ©